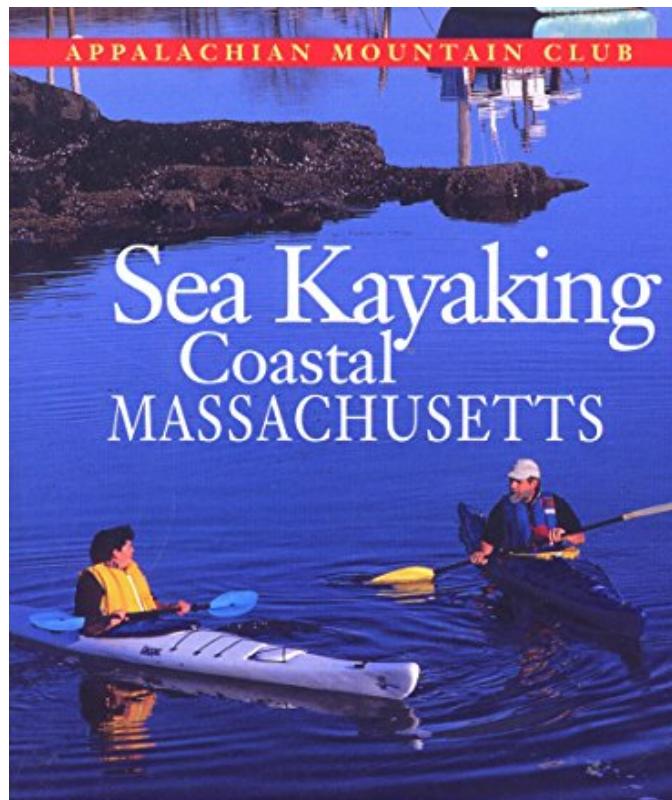


The book was found

# AMC Sea Kayaking Coastal Massachusetts



*From Newburyport to Buzzards Bay*

Lisa Gollin Evans



## Customer Reviews

I really liked this book. Not only were there a large number of well-researched trips, but there were lots of extras that made the book a great resource. The first section of the book is a review of basic kayaking information. Having read this type of information before, I nonetheless found Ms. Evans' text easy to read and helpful. I particularly liked her treatment of hypothermia, one of the main hazards of sea kayaking. The main section of this book consists of 42 carefully detailed trips. Each one begins with a overview of important information about tides, local hazards, and NOAA charts. One of the things I liked about the text was that Ms. Evans wasn't afraid to include a few subjective statements like: "Nauset Marsh is one of the most beautiful places in Massachusetts for paddling serene, unspoiled, and protected water." I found these comments helpful in making trip choices. In addition to trip details, Ms. Evans includes quite a bit of information about local access, conservation and environmental issues. Information such as why horseshoe crabs are important, why over-development harms local waters (nitrogen overloading causes oxygen depletion), and why the preservation of salt marshes is so important (they give food and shelter to 2/3rds of all commercially valuable fish and shellfish). It makes sense that Ms. Evans knows about these issues since she practices environmental law in Boston. All in all a valuable resource for Massachusetts paddlers.

Just got a kayak and this book has helped a bunch :}

Very informative for novice kayaker

[Download to continue reading...](#)

AMC Sea Kayaking Coastal Massachusetts Clinical Anesthesia Procedures of the Massachusetts General Hospital: Department of Anesthesia, Critical Care and Pain Medicine, Massachusetts General ... of the Massachusetts General Hospital) Sea Kayaking Central and Northern California: The Best Days Trips And Tours From The Lost Coast To Pismo Beach (Regional Sea Kayaking Series) Guide to Sea Kayaking on Lakes Superior and Michigan: The Best Day Trips and Tours (Regional Sea Kayaking Series) 1st edition by Newman, Bill, Ohmann, Sarah, Dimond, Don (1999) Paperback AMC Sea Kayaking Along the New England Coast AMC's Best Sea Kayaking in the Mid-Atlantic: Forty of the Best Paddling Adventures from New York to Virginia AMC Discover Martha's Vineyard: AMC's Guide To The Best Hiking, Biking, And Paddling (Appalachian Mountain Club Discover) Sea-Level Rise and Coastal Subsidence: Causes, Consequences, and Strategies (Coastal Systems and Continental Margins) Quiet Water Kayaking: A Beginner's Guide to Kayaking

Solo Coastal Sailing: Upgrade your sailing skills to enable single-handed coastal or short off-shore passages Cruising Guide to Coastal South Carolina and Georgia (Cruising Guide to Coastal South Carolina & Georgia) La peticiÃƒÂ n del seÃƒÂ or Baker.: BilogÃƒÂ-a SeÃƒÂ or Baker. (BilogÃƒÂ-a SeÃƒÂ or Baker (Segunda parte) nÃ 2) (Spanish Edition) Sea Kayaking: Basic Skills, Paddling Techniques, and Expedition Planning (Mountaineering Outdoor Experts) Sea Kayaking Illustrated : A Visual Guide to Better Paddling Sea Kayaking Rough Waters Alone in the Passage: An Explorers Guide to Sea Kayaking the Inside Passage Sea Kayaking Safety and Rescue: From mild to wild, the essential guide for beginners through experts Southern Exposure: A Solo Sea Kayaking Journey Around New Zealand's South Island Tactics for Long Distance Sea Kayaking Sea Kayaking Safety & Rescue: From Mild to Wild Conditons, the Essential Guide for Beginners Through Experts

[Dmca](#)